Ardstraw Jubilee P.S.

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	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK1	Spaghetti Bolognaise &	Homemade Breaded Chicken	Breast of Chicken Curry with	Roast Breast of Chicken Or	Oven Baked Sausage Or
29th Aug	Homemade Garlic Bread Or	Goujons & Dip Or	Boiled Rice & Naan Bread Or	Roast Pork	Peppered Chicken
26th Sept	Ham & Cheese Melt	Chicken Wrap	Oven Baked Breaded Fish	Traditional Stuffing	Baked Beans
	Garden Peas	Fresh Diced Carrots	Fingers	Fresh Diced Carrots	Garden Peas
24th Oct	Salad Selection	Salad Selection	Sweetcorn	Broccoli Florets	Tossed Salad
21st Nov	Mashed Potato	Mashed Potato	Cauliflower Mornay	Mashed Potato	Baked Potato
19th Dec	Hot Pasta Twists / Gravy	Herb Diced Potatoes	Mashed Potato	Dry Oven Roast Potato	Chips
16th Jan		Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy
20 3011	Sponge with Jam Topping &	Jelly & Ice-Cream Slice with	Fresh Fruit Or	Rice Krispie Square &	ice-Cream Tub &
	Custard	Orange Segments	Fresh Yoghurt	Custard	Fruit Pieces
WEEK 2	Ham & Cheese Pizza Or	Breast of Chicken Curry with	Italian Pasta Bake &	Roast Breast of Chicken Or	Homemade Breaded Chicken
5th Sept	Chicken Crumble	Boiled Rice & Naan Bread Or	Homemade Garlic Bread Or	Chicken Pasta Bake	Nuggets Or
3rd Oct	Garden Peas	Steak Burger	Fresh Breaded Fish Goujons	Traditional Stuffing	Beef Lasagne
	Tossed Salad	Broccoli Florets	Baked Beans	Fresh Diced Carrots / Parsnip	Sweetcorn
31st Oct	Mashed Potato	Fresh Diced Carrots	Sweetcorn / Garden Peas	Mashed Potato	Salad Selection
28th Nov	Herb Diced Potatoes	Mashed Potato	Mashed Potato	Dry Oven Roast Potato	Mashed Potato
26th Dec	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Chips
23rd Jan	Flakemeal Biscuit &				Hot Pasta Twists / Gravy
20 7011	Water Melon Slice	Muffin &	Jelly & ice-Cream Slice Or	Fruit Sponge &	Frozen Yoghurt &
		Custard	Fresh Fruit	Custard	Fruit Pieces
WEEK3	Oven Baked Breaded Fish	Breast of Chicken Curry with	Homemade Breaded Chicken	Oven Baked Gammon Or	Oven Baked Sausages Or
12th Sept	Fingers Or	Boiled Rice & Naan Bread Or	Goujons & Dip Or	Chicken & Pasta Bake	Macaroni Cheese
10th Oct	Savoury Mince	Chicken Panini	Cottage Pie	Traditional Stuffing	Garden Peas
	Fresh Diced Carrots	Sweetcorn	Baked Beans	Fresh Baton Carrots	Coleslaw
7th Nov	Garden Peas	Broccoli Florets	Fresh Diced Turnips	Cauliflower Mornay	Baked Potato
5th Dec	Mashed Potato	Mashed Potato	Salad Selection	Mashed Potato	Chips
2 nd Jan	Hot Pasta Twists / Gravy	Herb Diced Potatoes	Mashed Potato	Dry Oven Roast Potato	Hot Pasta Twists / Gravy
30th Jan		Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy	
	Fresh Fruit Or	Jelly &	Rice Pudding Or Fresh Yoghurt	Ginger Biscuit &	Ice-Cream &
	Fresh Yoghurt	Fruit Pieces	Or Fresh Fruit	Custard	Fruit Pieces
WEEK4	Steak Burger Or	Pasta Bolognaise &	Breast of Chicken Curry with	Roast Breast of Chicken Or	Homemade Margherita Pizza
19th Sept	Stuffed Bacon Roll	Homemade Garlic Bread Or	Boiled Rice & Naan Bread Or	Flaked Salmon Wrap	Or Marinated Chicken & Veg
17th Oct	Baked Beans	Fresh Breaded Fish Goujons	Oven Baked Sausage	Traditional Stuffing	Stir Fry with Noodles
	Sweetcorn	Fresh Baton Carrots	Garden Peas	Broccoli Florets	Sweetcorn
14th Nov	Broccoli Florets	Salad Selection / Parsley Sauce	Salad Selection	Tossed Green Salad	Salad Selection
12th Dec	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato
9th Jan	Hot Pasta Twists / Gravy	Herb Diced Potatoes	Hot Pasta Twists / Gravy	Dry Oven Roast Potato	Chips
6 th Feb	for the French Co.	Hot Pasta Twists / Gravy		Hot Pasta Twists / Gravy	Hot Pasta Twists / Gravy
	Fresh Fruit Or	Eton Mess	Fresh Fruit Salad	Chocolate Brownie &	Ice-Cream &
	Fresh Yoghurt	(Meringue, Fruit & Yoghurt)	Jelly	Custard	Fruit Pieces

Breads Milk, Water Fresh Fruit, Yoghurt Available Daily

Potato Salad Rice Salad Coleslaw **Tossed Salad** Lettuce Cherry Tomato Carrot Sticks **Cucumber Sticks** Diced Red Peppers Red Onion Radish Beetroot

If You Require Any Additional Information on Allergensor Special Diets Please Contact the School to complete a Special Diets **Application Form**

